# **Curnow Special School**

# **Emotional Health and Wellbeing – Criterion 5**

Co-ordinator:- Carol Lay Contact Number:- 01209 215432

Healthy School Validation 2003

#### School details and context

Curnow Special School has pupils from aged 2 to 19. We deliver education and personal development experiences to youngsters with server, profound and multiple learning difficulties and children with autism. We are located in Redruth and have a catchment area which covers Kerrier and Carrick.

#### How the Need was identified.

After completing the audit we identified that we were not always encompassing the needs and ideas of the whole school community in some of our planning and development. This displayed itself in the number of issues we were presented with that had arisen as a result of poor communication.

#### Steps taken to meet the criteria.

The action plan focussed on:

- Improving communication within the school by including all agencies in weekly briefing notes, extending the fortnightly Bulletin to include "news" from all classes, school kitchen, nurse, office staff and any additional "notice board" information.
- Introducing themed Fun Days to relieve stress and anxiety for staff and pupils
- Establishing a School Council primary and secondary
- Offering "Tension Tamers" to all staff at INSET to help them recognise signs of stress and deal with them before they become a health risk.

### Who was involved in the process?

The co-ordinator, governors, pupils, staff (teaching and non-teaching), kitchen staff and parents.

### Outcomes/Impact on pupils and the wider community.

- Pupils developing skills via the School Council
- Staff sharing quality time together through organising and participating in themed days.
- Clearer lines of communication developed which result in less misunderstanding.
- A great sense of belonging to the community is developing across the school.
- Targets achieved.
- Lots of strengths emerging which we can build on.